



The Walk – start at Edale

1. Set foot from Edale station and head up through the village, passing the Moorland centre on your right.
2. Turn left on to the Pennine Way opposite the Nag's head pub.
3. Follow the Pennine Way to Upper Booth Farm, which has won awards for its habitat restoration.
4. As you walk along the River Noe, you pass some ancient clough woodland on your left. We will be extending this woodland up the clough, all the way to Jacob's Ladder. You will see more alder along the stream sides and further up the hillsides oak and mountain ash will be planted and possibly some local bay leaf willow. You will be able to see and hear more birds such as woodpeckers, ring ouzels and willow warblers.
5. Climb Jacob's Ladder. We aim to restore more native trees in this clough by planting and protecting young trees and seedlings from grazing animals. This old packhorse track crossed the moors and was a trade route for lead, coal, salt and wool from medieval times until the railway was built in 1894.
6. Come off the Pennine Way, taking a path to your right and skirt eastwards around Kinder Plateau. On the left around the giant anvil shaped rock called Noe Stool, you will see the areas of eroded bare peat now beginning to recover as a result of gully blocking work higher up on the plateau, which has reduced the peat erosion into the gullies. Once the peat in the gullies is stable and wet, cotton grass, mosses and other moorland plants will grow.
7. The weathered gritstone rocks or tors along the Kinder Edges create an 'other wordly' atmosphere as you make your way past first the Pagoda and then the cluster of rocks called the Wool Packs. Continue past Crowden Tower then follow the footpath past an area of bare peat which is now recovering from recent wildfires, and go down into Grindsbrook.
8. You will be treated to sweeping views of the Vale of Edale as you descend from the plateau. Notice the patterns of historic dry-stone walls and field boundaries. Follow the Grindsbrook footpath back to Edale village where you can drop into the Penny Pot café, just next to the train station.