

Tideswell - Monk's Dale - Miller's Dale - Tideswell Dale - Tideswell

Start: Tideswell

Distance: 6.7 miles

Time: 3 – 4 hours

Difficulty: Moderate

Summary: Head west from Tideswell on lanes, fields and on a short stretch of road to access Monk's Dale which is just brilliant to walk through and which I rank as one of my favourite Peak District dales. Then follow the Monsal Trail along Miller's Dale to Litton Mill before leaving the Monsal Trail to walk through Tideswell Dale back to the village which bears its name. A connoisseurs walk, a real little beauty.

